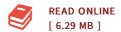




Paleo Cookbook for Beginners: 50 Easy and Delicious Paleo Recipes for Beginners! (Paperback)

By Natalie Ray

Createspace Independent Publishing Platform, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Paleo Cookbook for Beginners: 50 Delicious, Quick, and Easy Paleo Recipes for Beginners! If you re on the Paleo Diet, then this Paleo Cookbook for Beginners is a must! Jam packed with 50 delicious Paleo recipes that are sure to please the taste buds! This cookbook is laid out with easy to follow recipes, to help you be most successful with the Paleo diet! What s Inside the Book: Intro to Paleo Diet / Paleo Cookbook for Beginners Paleo Breakfast Recipes - Blueberry Muffins - Paleo Pancakes .Many more! Paleo Lunch Recipes - Tuna Salad - Salmon Cakes - Coconut Shrimp .Many more! Paleo Dinner Recipes - Chili -Chicken Cacciatore - Chicken Alfredo .Many more! Paleo Snack Recipes - Mushroom Chips - Energy Bars - Zucchini Fritters .Many more! Paleo Smoothie Recipes - Mixed Berry Smoothie - Key Lime Smoothie - Green Smoothie .Many more! Paleo Desserts - Chocolate Chip Cookies - Coconut Paleo Popsicles - Apple Paleo Pie .Many more!.



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