



## Addiction: A New Approach to Recovery (Paperback)

By John E Smethers

Checkpoint Press, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Although the American Medical Association would have us believe otherwise, this innovative book asserts that addicts are not sick - that addiction is not in fact an illness or a disease. Dr Smethers discusses various types of addiction, explaining how chemical dependency is only part of the big picture. He offers a parable to illustrate how the general public has come to misunderstand the condition of addiction and dispels the ubiquitous tendency to label all addicts as worthless scumbags and other negative epithets. Having been an addict himself for thirty years, the author tops off the Foreword with some autobiographical information to support the contention that most addicts are more comfortable with educators, psychotherapists, clergy, and authors who have led lives similar to their own, especially when it comes to addiction and recovery. Most of the general public, if asked, would likely be more impressed with professionals in the helping professions with masters degrees and PhDs, believing them to be more qualified than, say, a recovered addict with a two-year certificate in drug and alcohol counseling. But those educated types who have never...

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