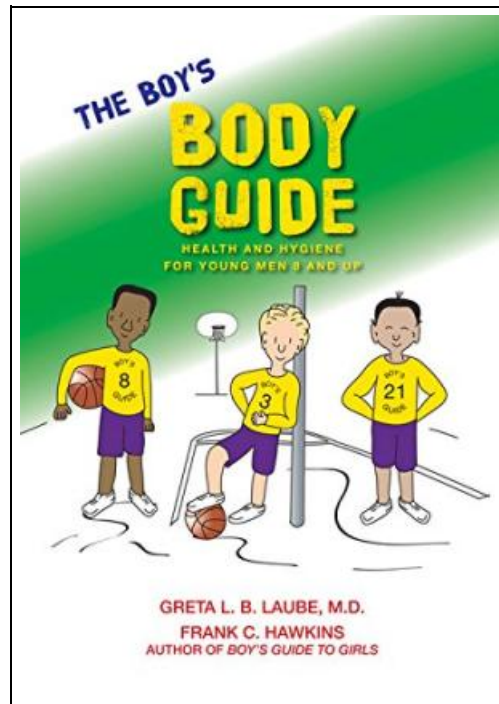


The Boy's Body Guide: A Health and Hygiene Book



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Reviews

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(Rylee Funk)

THE BOY'S BODY GUIDE: A HEALTH AND HYGIENE BOOK



Boy's Guide Books. Paperback / softback. Book Condition: new. BRAND NEW, The Boy's Body Guide: A Health and Hygiene Book, Frank C Hawkins, J C Hawkins, Greta L B Laube, Like the popular 1st edition of The Boy's Body Guide, this 2nd edition is the same reliable information you've come to expect from Boy's Guide Books. Only now, the 2nd edition is all color, with new graphics, more illustrations, and an even easier to read format! Now, everything a young man needs to get started on the right foot can be found in one simple easy-to-read book. The Boy's Body Guide combines a father's common sense with the medical know-how of a well-known pediatrician. The book that Frank Hawkins wanted for his son, and the book that Dr. Greta L. B. Laube needed for her young patients, is also available for your son or grandson. Based on the best-selling book from American Girl(R), The Care and Keeping of You, this popular pediatrician-recommended guide is packed with basic health and hygiene advice that young men can read on their own and put to use right now. It answers a young man's questions about his body from the top to the bottom and everything in-between. There is practical information and tips on dealing with important day-to-day topics, like acne, sunburns, athlete's foot, eating right, and staying fit. There is straightforward talk on sensitive hard-to-discuss subjects, like puberty, wet dreams, and bedwetting. And, there is no-nonsense advice on smoking, alcohol, and drugs. The Boy's Body Guide is a valuable source of information for young men as they grow and take responsibility for the care and health of their bodies.



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